Year	Athlete	Award(s)
1955	Dana Elm	All League Basketball (Senior), 1st Team All Metro Area Basketball (Senior), 1st Team All State Basketball (Senior)
1957	Doyle Perkins	1st Team All Conference Football (Senior), 1st Team All Conference Basketball (Junior & Senior)
1960	Jim Armentrout	1st Team All Conference Football (Senior), 1st Team All Conference Basketball (Senior), 1st Team All Conference Baseball (Senior)
1960	Jim Klipka	1st Team All Conference Football (Junior & Senior), 1st Team All Conference Baseball (Freshman, Sophomore, Junior, Senior)
1961	Russ Bond	1st Team All Conference Football (Senior), 1st Team All Conference Baseball (Junior & Senior), 2nd Team All Conferrence Baseball (Sophomore)
1961	Marvin Ward	1st Team All Conference Football (Junior), 2nd Team All Conference Football (Senior), 1st Team All Conference Basketball Junior & Senior), 2nd Team All Conference Basketball (Sophomore), 1st Team All State Basketball (Senior)
1963	Frank Segura	District Wrestling Champion (Sophomore, Junior, & Senior)
1964	Terry Espinosa	District Wrestling Champion (Junior & Senior)
1964	Ken Sato	District Wrestling Champion (Senior), State Wrestling Champion (Senior)
1965	Dan Trujillo	2nd Place District Wrestling (Senior), 2nd Place District Track (880 Senior), District Track Champion (880 Senior), State Track Champion (880 Senior)
1966	Alan Sato	District Wrestling Champion (Freshman, Sophomore, Junior, & Senior), State Wrestling Champion (Junior & Senior)
1967	Tom Hayward	1st Team All Conference Basketball (Junior & Senior), 1st Team All State Basketball (Senior), 1st Team All Conference Baseball (Senior), 2nd Team All Conference Football (Senior)

<b>Year</b> 1967	Athlete Dale Sanderson	Award(s) 2nd Team All State Football (Senior), District Wrestling Champion (Junior & Senior), District Track Champion (Discus Junior), 2nd Place District Track (Discus Sophomore), State Champion Track (Discus Junior)
1967	Don Sato	1st Team All Conference Football (Senior), District Wrestling Champion (Sophomore, Junior, & Senior), 2nd Place District Wrestling (Freshman), State Wrestling Champion (Sophomore & Senior)
1967	Steve Fast	1st Team All Conference Football (Senior), 1st Team All State Football (Senior)
1968	Don Saucier	1st Team All State Football (Senior)
1968	Tom Secrest	1st Team All Conference Football (Senior), 1st Team All State Football (Senior), 1st Team All Conference Baskerball (Senior & Senior), 1st Team All State Basketball (Senior), District Track Chamption (180 Low Hurdles Junior & Senior), District Track Champion (120 High Hurdles Senior)
1969	Mike Langlett	1st Team All Conference Football (Junior & Senior), 1st Team All State Football (Offense & Defense Senior), 1st Team All Metro Football (Senior), District Wrestling Champion (Senior), 1st Team All Conference Baseball (Junior)
1969	Mike Skinner	1st Team All Conference Football (Junior & Senior), 1st Team All State Football (Offense & Defense Senior), District Wrestling Champion (Senior), 2nd Place District Wrestling (Junior), 1st Team All Conference Baseball (Senior), 2nd Team All Conference Baseball (Junior)
1969	Alan Kube	1st Team All Conference Football (Senior), 1st Team All State Football (Senior), 1st Team All Conference Basketball (Senior), 1st Team All Conference Baseball (Senior)
1969	Tom Stone	1st Team All Conference Football (Senior), 1st Team All State Football (Senior), 1st Team All Conference Baseball (Sophomore, Junior, & Senior)
1969	Bob Davis	1st Team All Conference Football (Senior), 1st Team All State Football (Senior), District Wrestling Champion (Senior), 2nd Place State Track (Shot Put Senior)
1969	Mike Veruchi	1st Team All Conference Football (Senior), 1st Team All State Football (Offense & Defense Senior)

Year	Athlete	Award(s)
1970	Dave Woodlee	1st Place District Cross Country (Sophomore & Senior), 2nd Place District Cross Country (Junior), District Track Chamption (Pole Vault Sophomore), District Track Champion 440 Junior & Senior), District Track Champion (880 Junior), State Track Champion (Mile Run Sophomore), 2nd Place State Track (440 Junior)
1970	Harry Veruchi	1st Team All Conference Football (Junior & Senior), 1st Team All State Football (Junior & Senior)
1970	Dan Lovelace	1st Team All Conference Football (Junior & Senior), 1st Team All State Football (Senior), District Wrestling Champion (Senior)
1972	Bob Skinner	1st Team All Conference Football (Junior & Senior), 1st Team All State Football (Junior), 1st Team All State Football (Offense & Defense Senior), District Wrestling Champion, State Wrestling Champion (Senior), 1st Team All Conference Baseball (Junior & Senior)
1973	Robert Espinosa	1st Team All Conference Football (Senior), 1st Team All State Football (Offense & Defense Senior)
1973	Albert Meyers	1st Team All Conference Football (Senior), 1st Team All State Football (Offense & Defense Senior), District Track Champion (Discuss (Senior), State Track Chamption (Discuss Senior)
1973	Jim Roberts	1st Team All Conference Football (Senior), 1st Team All State Football (Offense & Defense Senior), 1st Team All Conference Baseball (Sophomore, Junior, & Senior), 1st Team All State Baseball (Sophomore, Junior, & Senior)
1973	Mark Sandoval	District Wrestling Champion (Junior & Senior), State Wrestling Champion (Senior)
1973	Charles Woodlee	1st Team All Conference Football (Junior & Senior), 1st Team All State Football (Offense & Defense Senior), 1st Team All Conference Basketball
1974	Charles Hall	1st Team All Conference Football (Senior), 1st Team All State Football (Offense & Defense Senior), District Wrestling Champion (Junior & Senior)
1974	Mike Ingraham	District Track Champion (High Jump Junior & Senior), District Tarck Champion (Low Hurdles Junior), District Track Chamion (High Hurdles Senior), 2nd Place State Pentathalon (Senior)

Year	Athlete	Award(s)
1974	Steve Kidd	District Wrestling Champion (Senior), State Wrestling Champion (Senior)
1974	Pat Olearnick	1st Team All Conference Football (Junior & Senior), 1st Team All State Football (Junior), 1st Team All Conference Baseball (Senior)
1974	Dave Unrein	1st Team All Conference Football (Senior), 1st Team All State Football (Offense & Defense Senior), District Wrestling Champion (Senior)
1974	Ken Yarbrough	1st Team All Conference Soccer, 1st Team All State Soccer (Senior), 2nd Place District Wrestling (Senior)
1976	Wayne Blazek	1st Team All Conference Football (Senior), 1st Team All State Football (Senior), 1st Team All Conference Baseball (Junior & Senior)
1976	Mark Langlett	1st Team All Conference Football (Junior & Senior), 1st Team All State Football (Senior), District Wrestling Champion (Sophomore, Junior, & Senior), 1st Team All Conference Basball (Junior)
1976	Pam Toney	1st Team All Conference Volleyball (Senior), 1st Team All Conference Basketball (Junior & Senior), 1st Team All State Basketball (Junior), District Track Champion (High Jump Sophomore, Junior, & Senior), State Track Champion (High Jump Sophomore, Junior, & Senior)
1976	Mike Woodlee	1st Team All Conference Football (Senior), 1st Team All Conference Basketball (Senior), District Track Champion (Low Hurdles Sophomore, Junior, & Senior), District Chamption (High Jump Junior & Senior), District Track Champion (220 Senior), District Track Champion (High Hurdles Senior), State Track Chamption (220,Low & High Hurdles Senior)
1977	Robby Bowen	1st Team All Confernece Football (Junior & Senior), 1st Team All State Football (Offense & Defense Senior), 1st Team All State Football (Offense & Defense Senior)
1977	Phil Dudley	1st Team All Confernece Football (Junior & Senior), 1st Team All State Football (Senior), District Track Champion (100 Sophomore, Junior, & Senior), State Track Champion (100 Junior & Senior)
1978	Gifford Dudley	1st Team All Confence Football (Junior & Senior), 1st Team All State Football (Senior)

Year	Athlete	Award(s)
1978	Kurt Wollenweber	1st Team All Conference (Junior & Senior), 1st Team All State Football (Senior), 2nd Team All Conference Basketball (Senior), 1st Team All Conference Baseball (Sophomore, Junior, & Senior), 1st Team All State Baseball (Junior & Senior)
1979	Eddie Dudley	1st Team All Confence Football (Senior), 1st Team All State Football (Senior), 2nd Team All Conference Basketball (Senior)
1979	Ken Fehr	1st Team All Conference Soccer (Junior & Senior), 1st Team All State Soccer (Senior), 1st Team All Conference Baseball (Senior)
1979	Cindy Knudson	2nd Place State Gymastics (All Around Sophomore), District Track Champion (110 Low Hurdles Junior), 2nd Place District Track (110 Low Hurdles Senior),
1979	Shawn Lord	1st Team All Conference Football (Junior & Senior), 1st Team All State Football (Senior) District Track Champion (Shotput Senior), District Track Champion (Discuss Senior), 2nd Place State Track (Shotput Senior)
1979	Jerry Toney	1st Team Conference Football (Junior & Senior), 2nd Team All State Football (Senior), District Wrestling Champion (Junior & Senior)
1980	Mike Howard	1st Team All Conference Football (Senior), 1st Team All State Football (Senior)
1981	John Meyers	1st Team All Conference Football (Junior & Senior), 2nd Place District Wrestling (Junior & Senior), District Track Champion (Shotput & Discus Senior), 2nd Place State Track (Shotput & Discuss Senior)
1983	Mike Fehr	1st Team All Conference Soccer (Freshman, Junior & Senior), 1st Team All State Soccer (Senior), 1st Team All Conference Basketball (Senior), !st Team All Conference Baseball (Junior & Senior)
1983	Gary Mares	1st Team All Conference Soccer (Senior), 2nd Team All State Soccer (Senior), District Track Champion (Long Jump & Tripple Jump Senior)
1984	Rick Bauman	1st Team All Conference Football (Senior), 1st Team All Conference Baseball (Senior), 1st Team All State Baseball (Senior)

<b>Year</b> 1984	Athlete Al Murudas	Award(s) 1st Team All Conference Football (Junior & Senior), 1st Team All Conference Baseball (Senior)
1984	Dennis Pless	1st Team All Conference Soccer (Junior & Senior), 1st Team All State Soccer (Junior & Senior), 1st Team All Conerence Baseball (Sophomore & Senior)
1985	Brian Trujillo	1st Team All Confenrece Football (Junior & Senior), District Wrestling Champion (Senior), 1st Team All Conference Baseball (Senior)
1986	Phil Mares	1st Team All Conference Baseball (Senior), 1st Team All State Baseball (Senior)
1986	Vince Roe	1st Team All Conference Football (Senior), 1st Team All Conference Basketball (Sophomore, Junior, & Senior)
1987	John Glassburner	1st Team All Conference Football (Senior), 1st Team All State Football (Senior), District Track Champion (Discus Senior), 2nd Place District Track (Shotput Senior)
1987	Troy Williams	District Wrestling Champion (Senior), 2nd Place District Wrestling (Sophomore), District Track Champion (400 meter Junior), 2nd Place District Track (400 Meter Sophomore)