

SHERIDAN HIGH SCHOOL

2016 CROSS COUNTRY SCHEDULE

DAY	DATE	OPPONENT	DEPART	START TIME
Thur	1-Sep	Platte Canyon	12:00pm	2:00pm
Sat	3-Sep	Lake County	7:00am	10:00am
Tue	13-Sep	Academy	12:00pm	2:00pm
Sat	17-Sep	Middle Park	7:00am	10:00am
Tue	27-Sep	Littleton Runners Roost	12:00pm	2:00pm
Sat	1-Oct	Sheridan RamCharger		9:00am
Fri	7-Oct	League @Platte Canyon	1:00pm	3:30pm
Thur	20-Oct	Regionals @Lyons	11:00am	2:00pm



Head Coach: Robert Selb
Asst. Coach: Omar Gallegos

Principal: Michele Kelley
Asst. Principal: Jessica Slattery
Athletic Director: Dave Fromson
Superintendent: Michael Clough

GO RAMS!